

Professional Care Management for Older Adults

Cheryl B Kippen, MS, CMC

About Cheryl

Cheryl B. Kippen, MS, CMC, nationally certified manager of care, is a University of Cal Poly graduate with a Master's Degree in Marriage and Family Counseling. Cheryl was a therapist & social worker for 12 years in San Luis Obispo before entering senior care. Cheryl is also a member of the Professional Fiduciary Association of California and the National Association of Geriatric Care Managers. Her profile can be found at www.caremanager.org.

Pledge of Ethics

Please see the National Association of Professional Geriatric Care Managers - Pledge of Ethics for Members on our website at: www.professionalcaremgmt.com.

Cheryl is Owner/Manager of Professional Care Management for Older Adults.

*Professional
Care Management
for Older Adults*

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*Whether you are an older adult
seeking to remain independent
or you are caring for
an elderly loved one,
our services provide **peace of mind**
and a **sense of security**
knowing you have a
Healthcare Professional on your team.*





***Please call me today!
phone (805) 709-2254
fax (805) 474-4075***

WHAT IS CARE MANAGEMENT?

Care management consists of assessing needs, developing treatment plans and linking and managing services. These services may consist of intermittent visits or extended continuous care.



***Care Management Services
We Provide:***

- In-home Assessments
- Act as a liaison to families at a distance
- Assess ongoing needs with in-home visits
- Arrange for caregiving help
- Attend doctor's visits
- Bill Paying Guidance
- Help with a move or downsizing
- Consultation & Placement
- Powers of Attorney

What our Clients Say:

- Why didn't I know about your services before this crisis happened?
- I am so relieved to finally have the help I need!
- I don't know what we would have done without your intervention.

Because every situation can be unique, the elderly often need organizational help, emotional support and a clear plan of action. Moreover, our clients' adult children, who may live far away, need a local liaison who can help with minor problems before they become crises. Care management is of tremendous benefit in these areas.

GETTING STARTED

After your initial telephone contact, a Care Manager will arrange to come to your home to personally discuss your needs and concerns. Read our Pledge of Ethics

ASSESSMENT

This assessment interview usually takes 90 minutes. Areas of evaluation include health and safety; legal and financial issues; medical history; daily living activities; and emotional and psychological functioning. You will receive a 10-14 page report with recommendations and referrals to community resources that can help.

CARE PLAN

After the assessment is completed, you and your care manager will develop a plan that outlines who will do what and when. Having a Care Plan to follow reduces anxiety, anticipates emergencies and provides specific step-by-step problem solving strategies.

How you Benefit:

Adult children caring for aging family members

- Have a healthcare professional on their team that knows the local resources
- This saves time, money and energy

An older person desiring to remain independent in their own home

- Has an advocate and someone to turn to when an emergency arises
- Can get the personalized help they need in their own home

A friend or neighbor concerned about someone with declining health

- Can discuss delicate issues about levels of care and associated costs